

**Shaymaa Hussein Ibrahim mereb**

**Personal Information:**

Address: Halhul\_ Zaboud

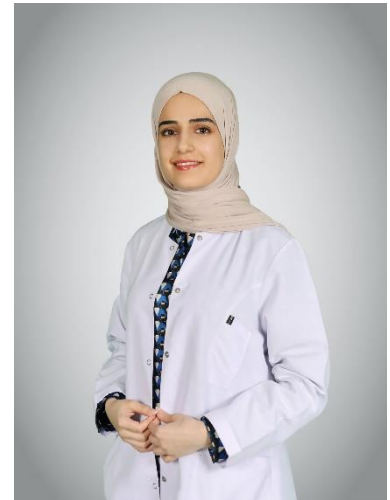
Date of birth: 25/7/1999

Specialization: Health and therapeutical Nutrition

status: Single

Phone: +970568156574

Email: [shaymaa.mereb@gmail.com](mailto:shaymaa.mereb@gmail.com)



**Personal profile statement:**

"I completed my studies in Health and Therapeutic Nutrition from Palestine Polytechnic University. Subsequently, I gained three years of valuable experience in clinical nutrition through volunteer work at Al-Ahly Hospital, Alia Hospital, and Mahmood Abbas-Halhul Hospital. During this time, I developed creative thinking skills, a strong sense of responsibility, the ability to connect with diverse individuals, and managerial capabilities.

Moreover, I possess a lifelong passion for learning and personal growth. I am dedicated to fulfilling my duties to the best of my abilities and contributing positively to any organization I join. While I am driven to achieve my ambitions and goals, I also possess the patience and perseverance necessary to navigate challenges and envision a successful future."

**Education:**

Institution (Date from - Date to)	Degree(s) or Diploma(s) obtained:
<b>Palestine polytechnic university (2018-2021)</b>	<b>Bachelor of health and therapeutical nutrition</b> (Prevention of nutrition-related diseases and diseases that need nutritional intervention, creating nutritional screening, assessment form, meal planning, provide nutrition report for each patient)

**Language skills:** Indicate competence on a scale of 1 to 5 (1 - excellent; 5 - basic)

Language	Reading	Speaking	Writing
English	1	2	2

**Membership:** Membership in the Palestinian Syndicate of Dietitians.

**Academic and training course:**

- 260hr." Nutrition & health coaching practical course" by dr. nilly shams -Egypt (4\2024 - until 9\2024).
- The European Society for Clinical Nutrition and Metabolism (ESPEN) LLL webinar course titled: "Nutrition in obesity" (9\2024).
- The European Society for Clinical Nutrition and Metabolism (ESPEN) LLL webinar course titled: "Nutrition and physical activity" (9\2024).
- The European Society for Clinical Nutrition and Metabolism (ESPEN) LLL webinar course titled: "Nutrition and prevention of diseases" (6\2024).
- The European Society for Clinical Nutrition and Metabolism (ESPEN) LLL webinar course titled: "Nutritional assessment and techniques" (6\2024).
- 16.hr "the nutritional intervention of non-alcoholic fatty liver diseases: with focus on NASH and NAFLD" training by the British Nutrition Clinics (6\2023).
- 12hr. "Nutritional intervention for bariatric surgery" training by the British Nutrition Clinics (12\2022).
- The European Society for Clinical Nutrition and Metabolism (ESPEN) LLL webinar course titled: "Nutritional Support in Cancer" (2022).
- The European Society for Clinical Nutrition and Metabolism (ESPEN) LLL webinar course titled:" Nutritional Support in Metabolic Syndrome" (2022)
- 21hr. first aid course from lahtha center (2021).
- 4hr. Online Nutrition Webinar 2021 on Diet Misconceptions from dr.nilly shams (2021).

- 6 days. In employment and self-employment skills training from Action Against Hunger (ACF) (2021).
- 3hr. In 31 IVPN\_AR titled:" The IV lipid Revolution From: Theory to Practice" (2021).
- 3hr. In 29th IVPN-AR titled:" Parenteral Nutrition Updates: Focus on Safety, Quality and Technologies" (2021).
- 19 to 22 September. Training titled:" The Practical Training on Arabic and Professional Skills for Entry into Labour Market" from Arab-German Young Academy of Science and Humanities (AGYA) in cooperation with The Academy of Scientific Research and Technology (ASRT), The Islamic University of Gaza (IUG), Nile university (NU), and Palestine Polytechnic University (PPU) (2021).
- 9hr. Training on nutritional care process in weight management from Trizara Nutrition and Business Center in Jordan (2021).
- 6hr. Training on nutritional care process in renal diseases from Trizara Nutrition and Business Center in Jordan (2021).
- 3hr. Training on nutritional care process in blood lipids and heart diseases from Trizara Nutrition and Business Center in Jordan (2021).
- 3hr. Training on nutritional care process in endocrine diseases from Trizara Nutrition and Business Center in Jordan (2021).
- 6hr. Training on nutritional care process in diabetes from Trizara Nutrition and Business Center in Jordan (2021).
- 6hr. Training on nutritional care process in pregnancy and children nutrition from Trizara Nutrition and Business Center in Jordan (2021).
- 9hr. Workshop in Eating Behaviors and Disorders, Weight Cycling among women duo to frequent dieting in Yo-Yo Dieting (2020).
- 15hr. English language course in Medical Terminology from Al Ajyal center for Education and Training (2019).
- 50hr. English learning course from Palestine Polytechnic University in cooperation with the Palestine Global Platform (2018).

## Experience

### 3 years' experience of clinical nutrition on hospitals

- On 06/08/2021, I volunteered in the nutrition department at Al-Ahli Hospital.  
"My responsibilities included performing nutritional screening and assessments on patients, providing nutritional counseling, creating documented files for each case, and planning meals."
- "From December 26, 2021, to November 30, 2022, I volunteered at Alia Hospital and President Mahmoud Abbas Hospital. Additionally, I volunteered from June 15, 2022, to January 23, 2023.

My responsibilities included:

- Conducting nutrition screenings for each patient upon admission.
- Referring patients for nutrition assessments as needed.
- Providing nutritional counseling to patients.
- Creating nutrition reports for each case.
- Planning meals.
- Distributing educational brochures about proper healthy nutrition and diets for various diseases to each patient, tailored to their specific case.
- Determining the needs of patients who required tube feeding (Enteral) or intravenous nutrition, including the quantity and quality of appropriate solutions, mixtures, and nutrition.
- Managing critical cases during the COVID-19 pandemic."
- From September 25, 2021, until now, I worked as a Clinical Nutrition Training Supervisor, accumulating 3 years of experience in clinical training. During this period, I trained students on how to manage cases requiring nutritional intervention for various immune, metabolic, genetic, and other diseases. This training encompassed the entire patient journey, from admission to discharge.

My responsibilities included:

- Guiding students in reviewing patient files and completing nutritional screening forms upon admission.
- Teaching students how to conduct nutritional assessments, understand the medical context of cases, and implement appropriate nutritional interventions.
- Training students on taking dietary histories and providing patient education.

- Integrating students into the medical team, emphasizing their role in morning rounds and the importance of collaborative work with healthcare professionals to provide optimal patient care.
- Evaluating students by assigning medical cases, requiring them to develop nutritional interventions, and submitting daily and weekly reports.
- Assigning homework on specific diseases for students to research and discuss.
- Developing plans to enhance the learning experience and outcomes for future students."

**Skills:**

- Attention to Detail
- Flexibility
- Organization
- Responsibility
- Administrative Skills
- Teamwork
- Complete the tasks perfectly
- working on Microsoft applications.
- Team leadership skill.
- Problem solving skill.
- Report writing skill.

**References:**

- ❖ Nutrition Specialist Syndicate in Palestine Ismail Halahleh.  
Hebron \_ Palestine Polytechnic University  
  
0598038650  
  
[ismihal@gmail.com](mailto:ismihal@gmail.com)
- ❖ Clinical Nutritionist and Vice President of the Palestinian Dietitian Syndicate zahieh shawar  
Heron\_ Alia hospital  
0599757789
- ❖ Dr. Manal Badra -Sawi

Nablus - An-Najah National University

[m.badrasawi@najah.edu](mailto:m.badrasawi@najah.edu)

0595095811

❖ Dr. fade dana

General Director of President Mahmoud Abbas Hospital

0562401573

**Attachments: Certificate**

**Palestine Polytechnic University**  
Deanship of Admission and Registration

**جامعة بوليتكنك فلسطين**  
عمادة القبول والتسجيل

Upon the recommendation of the Faculty of  
College of Medicine and Health Sciences  
and in accordance with the university law, the Council  
of Deans has conferred on

**Shaymaa Hussien Ibraheim Karajeh**

Born in Hebron , 1999

the Bachelor Degree of  
Health Sciences in  
Therapeutical Nutrition

and is entitled to the rights and privileges appertaining  
thereunto.

رئيس مجلس الأمناء  
Chairman, Board of Trustees

Issued in Hebron on 17-06-2021  
Ref. No : 174623CD20210725

**عميد الكلية - Dean**

بناءً على تنسيب مجلس كلية  
الطب وعلوم الصحة  
واستناداً الى قانون الجامعة قرر مجلس العمداء منح  
**شيماء حسين ابراهيم كرجه**  
المولودة في الخليل عام 1999 ميلادي  
درجة البكالوريوس في  
علوم الصحة  
تخصص التغذية الصحية والعلاجية  
مع جميع حقوق وامتيازات هذه الشهادة.

رئيس الجامعة  
President

منحت في الخليل بتاريخ 7 ذو القعدة 1442 هـ الموافق 17-06-2021 م  
174623CB20210725





التاريخ : 2021-06-22  
الرقم : 17-4623

## مصدقة

إستناداً إلى قرار مجلس العمداء في جلسته رقم ( 8 ) بتاريخ 17-06-2021 تقرر منح

( شيماء حسين ابراهيم كرجه )

درجة البكالوريوس في / تخصص التغذية الصحية والعلاجية، بعد أن أتمت متطلبات التخرج في الفصل الثاني من العام الدراسي 2021/2020 بواقع (126) ساعة معتمدة ومعدل تراكمي (85.2%) وتقدير ممتاز.

عميد القبول والتسجيل

د. محمد ابو طه



Ref.No : 174623GA+20210622







التاريخ : 2021-06-22

كشف علامات

الرقم : 17-4623

الاسم : شيماء حسين ابراهيم كرجه

تاريخ الميلاد : 1999-07-25

مكان الميلاد : الخليل

التخصص : التغذية الصحية والعلاجية

الكلية : الطب وعلوم الصحة

الدرجة العلمية : بكالوريوس

الوضع الأكاديمي	المعدلات				علامات المساقات		رقم وإسم المساق	السنة الدراسية	الفصل الدراسي
	م. تراكمي	م. تفصيلي	م. فصولي	ساعات معددة تسجيل نجاح	م. م. العلامة	م. م. العلامة			
	79.9	79.9	14	14	70	3	4002 ثقافة اسلامية	2018/2017	الأول
					P	0	5052 لغة انجليزية استدراكي		
					84	3	5055 الحاسوب واساسيات البرمجة		
					90	3	5931 احياء عامة لطلبة علوم الصحة		
					96	1	5932 مختبر احياء عامة لطلبة علوم الصحة		
					70	3	8042 كيمياء عام (1) لطلبة علوم الصحة		
					80	1	8043 مختبر كيمياء عام (1) لطلبة علوم الصحة		
	82.5	84.8	16	16	80	3	4003 لغة إنجليزية 1	2018/2017	الثاني
					86	3	4004 تفاضل وتكامل 1		
					77	3	4245 الكيمياء العضوية		
					81	1	4291 مختبر كيمياء عضوية		
					95	3	5937 علم الصحة و الوبائيات		
					87	3	5938 مبادئ التغذية		
	83.6	89.0	6	6	88	3	4320 تاريخ فلسطين الحديث	2018/2017	الصيفي
					90	3	5440 الحديقة المنزليه		
	83.4	85.0	16	16	82	3	5933 التشريح و علم وظائف الاعضاء	2019/2018	الأول
					86	3	5939 مبادئ علم الغذاء		
					89	3	5948 تغذية انسان		
					80	3	5951 النظافة و السلامة الغذائية		
					78	3	8044 كيمياء عام (2) لطلبة علوم الصحة		
					85	1	8045 مختبر كيمياء عام (2) لطلبة علوم الصحة		
	83.3	84.7	16	16	78	3	4315 التخطيط التجريبي والتحليل الاحصائي	2019/2018	الثاني
					83	3	5830 التغذية عبر عمر الانسان		
					85	3	5831 الاحياء الدقيقة في الغذاء		
					81	1	5832 مختبر الاحياء الدقيقة في الغذاء		
					84	3	5833 الفيتامينات والمعادن		
					87	3	5955 علم الادوية و علم السموم		

3/1

Ref.No : 174623TA20210622





التاريخ : 2021-06-22

كشف علامات

الاسم : شيماء حسين ابراهيم كرجه  
مكان الميلاد : الخليل

الرقم : 17-4623

تاريخ الميلاد : 1999-07-25

الدرجة العلمية : بكالوريوس

الكلية : الطب وعلوم الصحة

التخصص : التغذية الصحية والعلاجية

الوضع الاكاديمي	المعدلات				علامات المساقات		رقم وإسم المساق	السنة الدراسية	الفصل الدراسي
	متخصص	م.فصلي	ساعات معتمدة	سجل نجاح	م.م. العلامة	م.م. العلامة			
	83.3	84.7	82.0	6	6	81	4001 لغة عربية	2019/2018	الصفى
						83	4070 لغة انجليزية 2		
	83.6	84.4	85.0	15	15	87	4145 كيمياء حيوية	2020/2019	الأول
						87	4210 مختبر كيمياء حيوية		
						87	5936 الاتصال و التواصل		
						78	5940 معالجة بالاغذية 1		
						87	5956 مواضيع خاصة في التغذية		
						86	5958 التغذية و الرياضة		
	84.0	85.1	86.7	14	14	85	5941 معالجة بالاغذية 2	2020/2019	الثاني
						87	5944 التخطيط و تنظيم الوجبات		
						85	5945 مختبر التخطيط و تنظيم الوجبات		
						87	5949 كيمياء و تحليل الاغذية		
						86	5950 مختبر كيمياء و تحليل الاغذية		
						83	5961 مختبر معالجة بالاغذية		
						90	8050 التقييم التغذوي		
	84.4	85.7	91.8		5	87	4015 اساليب البحث العلمي	2020/2019	الصفى
						95	5943 ايض العناصر الغذائية		
	84.9	85.9	89.7	12	12	83	5952 علم المناعة	2021/2020	الأول
						94	8046 مقدمة مشروع التخرج		
						86	8047 تغذية الحالات الخاصة		
						88	8048 تدريب (1)		
						99	8200 الاستخدام الفعال للغة الانجليزية		
	85.2	86.4	91.5	6	6	95	5847 مشروع بحثي في مجال الصحة و التغذية العلاجية	2021/2020	الثاني
						88	8049 تدريب (2)		





التاريخ : 2021-06-22

كشف علامات

الاسم : شيماء حسين ابراهيم كرجه

مكان الميلاد : الخليل

الرقم : 17-4623

تاريخ الميلاد : 1999-07-25

الدرجة العلمية : بكالوريوس

الكلية : الطب وعلوم الصحة

التخصص : التغذية الصحية والعلاجية

الوضع الأكاديمي	المعدلات	علامات المساقات	الفصل الدراسي	السنة الدراسية
م. فصولي	م. فصولي	رقم وإسم المساق		

120 س.م (مجموع ساعات النجاح الفعلية)

ملاحظات : - انهي متطلبات التخرج.

عميد القبول والتسجيل

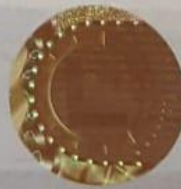
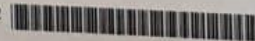
د. محمد ابوظه



نظام التقدير والمعدلات :

الحد الأدنى لعلامة النجاح في المساق 60%

التقدير : (90 - فائق) : امتياز على شرط حصول الطالب على معدل تخصصي 90% فأكثر ، (85 - 89.9 : ممتاز)، (78 - 84.9 : جيداً)، (71 - 77.9 : جيد)، (68 - 70.9 : متوسط)، (65 - 67.9 : مقبول).  
الرموز : (W) : انسحاب بدون رسوب، (WF) : انسحاب برسوب، (R) : المساق مسجل لهذا الفصل، (P) : نجاح في المساق، (F) : رسوب في المساق، (T) : علامة منقولة، (TP) : علامة منقولة بنجاح، (TF) : علامة منقولة برسوب.



# Certificate of Participation

This is to certify that

**Shaymaa Hussien Karajeh**

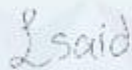
has successfully completed the "The Practical Training on Academic and Professional Skills for Entry into the Labour Market" sessions held online from 19 to 22 September, 2021.

The training was organized by the Arab-German Young Academy of Sciences and Humanities (AGYA) in cooperation with the Academy of Scientific Research and Technology (ASRT), the Islamic University of Gaza (IUG), Nile University (NU), and the Palestine Polytechnic University (PPU).

The training provided the participants with the basic theoretical and practical knowledge needed to improve their labour market skills including marketability skills, scholarship application strategies and research skills, the concept of interdisciplinarity, leadership and entrepreneurial skills, application and interview training.

Cairo, Egypt, 20 October, 2021.

On behalf of the organizing committee



**Dr. Lobna Said**  
Nile University  
AGYA Member



**Dr. Shadi Albarqouni**  
Helmholtz Zentrum München |  
Technical University of Munich  
AGYA Member



**Dr. Mohammed Adm**  
Palestine Polytechnic University  
AGYA Member





## FUTURE BUILDER CERTIFICATES THAT

# Shaymaa Karajeh

Has successfully completed the workshop in

## Eating Behaviors and Eating Disorders

Includes:

- Eating disorders.
- The long-term complications of ED.
- The main nutrient deficiencies in an ED patient
- Treatment approaches & common mistakes by the parents.
- Diet culture and its effect on the mind-set.
- Extreme diets.
- Pregnancy and ED.
- Body dysmorphia disorder
- Proper eating behaviours.

This workshop was implemented on 21 July, 2020.

RAZAN DIAB



FUTURE BUILDERS

ZAINA BARGHOUTI



ZAINA NUTRITION AND WELLNESS



## FUTURE BUILDER CERTIFICATES THAT

**Shaymaa karajeh**

Has successfully completed the workshop in

### Weight Cycling among women due to frequent dieting/ Yo-Yo Dieting

Includes:

- Definition and Prevalence.
- Associated Factors.
- Health Consequences.
- Results and Recommendations.
- Case Studies and proper diet planning.

This workshop was implemented on 22 July, 2020.

RAZAN DIAB 

FUTURE BUILDERS



ATHAR AJOULI

ATHAR HEALTH AND NUTRITION CLINIC

# Certificate of Attendance



This is to certify that

**Health and Therapeutical nutrition**

has attended the 31<sup>st</sup> IVPN-AR titled

**"The IV Lipid Revolution: From Theory to Practice"**

October 11, 2021

This IVPN-AR is awarded 1 CPD hour by Accreditation Council for Pharmacy Education (ACPE),  
and 1 CPD hour by Order of Pharmacists of Lebanon (OPL)

**SCOTT KNOER**  
MS, PharmD, FASHP  
EVP/CEO, APhA

**OSAMA TABBARA**  
R.Ph., EMBA  
President, IVPN-Network

**AHMED ALJEDAI**  
PharmD, FCCP, FAST, FASHP  
President, SSCP



# Certificate of Attendance



This is to certify that

**Shaymaa Mereb**

has attended the 29<sup>th</sup> IVPN-AR titled

**"Parenteral Nutrition Updates: Focus on Safety, Quality and Technologies"**

September 18, 2021

This IVPN-AR is awarded 4 CPD hours by Accreditation Council for Pharmacy Education (ACPE), 3 CPD hours by Saudi Commission for Health Specialties (SCFHS), 4 CPD hours by Order of Pharmacists of Lebanon (OPL), and 1.2 CPD hours by Jordan Pharmacists Association (JPA)

**SCOTT KNOER**  
MS, PharmD, FASHP  
EVP/CEO, APhA

**OSAMA TABBARA**  
R.Ph., EMBA  
President, IVPN-Network

**AHMED ALJEDAI**  
PharmD, FCCP, FAST, FASHP  
President, SSCP





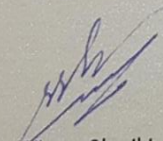


## Certificate of Completion

This certificate is awarded to


*Shayma Karajeh*

For the successful completion of 50 hours of learning English in a Language Exchange Program that has been held from August to November 2018 at Palestine Polytechnic University in cooperation with Global Platform Palestine.



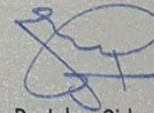
Mr. Wisam Shwki

Global Platform Manager



Ms. Alaa Amro

Language Teacher



Dr. Ishaq Sidr

Dean of Applied Professions  
College



# CERTIFICATE

Al-Ajyal Center for Education and Training



Al-Ajyal Center for Education and Training

certifies that

**Shaymaa hussen Karajeh**

Has attended an

English Language Course for Medical Professionals

during the period from 19 - 08 - 2019 to 31 - 08 - 2019

With a total of (15) training hours

The Administration of Center



2019



الرقم: MC-70-2021  
التاريخ: 2021/08/05

### لمن يهمه الأمر

تشهد إدارة المستشفى الأهلي في الخليل أن الأنسة

**شيماء حسين إبراهيم مرعب**

قد تدربت في المستشفى الأهلي في قسم التغذية في الفترة الواقعة ما بين

2021/07/10 إلى 2021/06/09

وذلك لكسب الخبرات، وأنها كانت حسنة السلوك والأداء.

أعطيت هذه الشهادة بناءً على طلبها.

مع الاحترام

المهندس محمد شاوور  
محمد شاوور  
مدير إداري / المستشفى الأهلي  
المدير الإداري



عبير برفان  
عبير برفان  
مضائية للتدريب الطبية  
المستشفى الأهلي  
أخصائية تغذية

Type: Samia Gaith

**Trizara**

Nutrition and Business Center



**CERTIFICATE OF ATTENDANCE**

*This certificate was granted to*

*Shaymaa Hussein Mereb*

*Issued Sep / Oct 2021 Upon his completion of*

*9 hours training on Nutritional Care Process  
in Weight Management*

*Trainer  
Marlain Swaiss*



*Marlain Swaiss  
General Manager*













State Of Palestine  
Ministry Of Health



دولة فلسطين  
وزارة الصحة

STATE OF PALESTINE  
MINISTRY OF HEALTH  
NORTH HEBRON PH  
P H

#/NS 40483  
REG 29-09-2022 08:08  
IBTESAM JAWA 0000

L I S  
CASH 50.  
50.0



### إجازة مزاولة مهنة اخصائي التغذية

رقم التسجيل : 715/116/ش خ

طباً للأنظمة والقوانين المعمول بها في وزارة الصحة والخاصة بممارسة مهنة اخصائي تغذية في دولة فلسطين

يسمح للسيدة / شيماء حسين ابراهيم كرجة هوية رقم : 404838179

الحاصل /ة على المؤهل العلمي بكالوريوس في التغذية الصحية والعلاجية

جامعه بوليتكنك فلسطين فلسطين بتاريخ : 2021

بممارسة مهنة اخصائي تغذية مع مراعاة قوانين وأنظمة وزارة الصحة الفلسطينية المعمول بها أو التي قد يعمل بها فيما

بعد والتي تتعلق بممارسة هذه المهنة في دولة فلسطين

وبناءً على ما تقدم:

- أدرج اسم السيد / شيماء حسين ابراهيم كرجة
- تسري هذه المزاولة اعتباراً من تاريخ: 2022/9/30
- ولغاية تاريخ: 2023/9/29
- مدرجة في اصناف الامن تحت رقم: 715/116/ش خ
- بتاريخ: 2021/9/30



الدكتورة مي سالم الكيلة  
وزيرة الصحة

الدكتور عبد الله الاحمد  
رئيس وحدة الاجازة والترخيص

- هذه الاجازة لا تعطي اخصائي الحق في فتح مركز تغذية دون ترخيص.
- هذه الاجازة تحدد سنوياً

لحظة

شهادة

تشهد شركة لحظة للإنتاج الإعلامي  
وخدمات التسويق والتدريب  
أن السيد/ة

**شيماء حسين مرعب**

قد شارك/ت في دورة الإسعاف الأولي  
بواقع 21 ساعة تدريبية

وبناءً على مُنحت هذه الشهادة

2022





THE EUROPEAN  
SOCIETY FOR  
CLINICAL  
NUTRITION AND  
METABOLISM

# The European Society for Clinical Nutrition and Metabolism



## LLL WEBINAR COURSE CERTIFICATE *of ATTENDANCE*

*In recognition of participation to the Live Course titled*

### ***“Nutritional Support in Cancer”***

of the ESPEN Life-Long Learning Programme  
on Clinical Nutrition and Metabolism  
the present **certificate** is awarded to

*Shaymaa Mereb*

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\_\_\_\_\_  
Nida Barqawi  
LLL course director

\_\_\_\_\_  
Marlain Swaiss  
Local Organizer

**Place: Amman, Jordan**

**Date: 12<sup>th</sup> Feb, 2022**



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## The European Society for Clinical Nutrition and Metabolism



# LLL WEBINAR COURSE CERTIFICATE *of ATTENDANCE*

*In recognition of participation to the Live Course titled*

## ***“Nutritional Support in Metabolic Syndrome”***

of the ESPEN Life-Long Learning Programme  
on Clinical Nutrition and Metabolism  
the present **certificate** is awarded to

*Shaymaa Mereb*

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\_\_\_\_\_  
Nida Barqawi  
LLL course director

**Place: Amman, Jordan**

\_\_\_\_\_  
Marlain Swaiss  
Local Organizer

**Date: 12<sup>th</sup> Feb, 2022**



# Certificate of Attendance

THIS CERTIFICATE IS PROUDLY PRESENTED TO



## Shaymaa Hussein Mereb

For successfully attending the "Nutritional Intervention for Bariatric Surgery Training". This training included (Basics of food digestion, GI Physiology, Pre and Pro Bariatric Surgery Diet PLanning, Smart Capsule Nutritional Intervention and Nutrition for GLP-1 Agonists). This training was for 12 Hours. The training was held online on the 7th, 8th and the 10th of November 2022.

This training was provided by the British Nutrition Clinics, A registered company in England and Wales, under the category of Training for Higher Education.



To check for the attendee registration, please copy this code (Baria2) and send it via email to BNC using: Support@britishnutritionclinics.co.uk

Dr. Abdulmannan Fadel

  
11/11/2022

Baria2

Palestinian dietitian syndicate  
Palestine state



نقابة اخصائي التغذية الفلسطينيي  
دولة فلسطين

### اثبات عضوية

يشهد مجلس نقابة اخصائيي التغذية الفلسطينيين أن الزميل/ة شيماء حسين ابراهيم مرعب المحترمة

حامل/ة هوية رقم 404838179

هي/هو عضواً مسجلاً في سجل نقابة اخصائيي التغذية الفلسطينيين منذ تاريخ 2021/8/10.

حسب النظام الداخلي للنقابة، ورقم تسجيلها هو 90121.

وهي/هو مسددة لاشتراك النقابة عن العام 2023.

وبناءً على طلبها اعطيت هذه الشهادة.

توقيع النقيب وختم النقابة

التاريخ 2023/3/15



البريد الإلكتروني: [paldietsyndicate@gmail.com](mailto:paldietsyndicate@gmail.com)





# Certificate of Attendance

THIS CERTIFICATE IS PROUDLY PRESENTED TO



**Shaymaa Hussein Mereb**

For successfully attending the "Nutritional Intervention for Non-alcoholic Fatty Liver Diseases: with a focus on NASH". This training included (Basics of Food Digestion, Liver Physiology and Anatomy, NAFLD Nutritional Assessment, Nutritional Intervention, NAFLD Cases and Exams). This training was for 16 Hours. This training was attended in person (Online) on 15th, 16th and 29th and 20st of June 2023.

This training was provided by the British Nutrition Clinics, a registered company in England and Wales, under the category of Training for Higher Education.



To check for the attendee registration, please copy this code (NAFLD29) and send it via email to BNC using: [Support@britishnutritionclinics.co.uk](mailto:Support@britishnutritionclinics.co.uk)

Dr. Abdulmannan Fadel

  
18/06/2023

NAFLD29





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## LLL COURSE CERTIFICATE

*In recognition of participation to the Live Course titled*

### **“Nutritional Assessment and Techniques”**

of the ESPEN Life-Long Learning Programme  
on Clinical Nutrition and Metabolism  
the present **certificate** is awarded to

*Shaymaa Mereb*

*The course: “Nutritional Assessment and Techniques” is part of the ESPEN Life Long Learning Programme and is accredited by the European Accreditation Council for Continuing Medical Education (EACCME).*

*This course provides you 4 credits for medical specialists.*

*Remy Meier*

LLL course director

*Nida Barqawi*

Local Organizer

*R. Meier*

**Place: Al-Khalil, Palestine**

*N. Barqawi*

**8<sup>th</sup> June 2024**



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## LLL COURSE CERTIFICATE

*In recognition of participation to the Live Course titled*

### **"Nutrition and Prevention of Diseases"**

of the ESPEN Life-Long Learning Programme  
on Clinical Nutrition and Metabolism  
the present **certificate** is awarded to

*Shaymaa Mereb*

*The course: "Nutrition and Prevention of Diseases" is part of the ESPEN Life Long Learning Programme and is accredited by the European Accreditation Council for Continuing Medical Education (EACCME).*

*This course provides you 4 credits for medical specialists.*

***Nida'a Barqawi***

LLL course director

***Place: Al-Khalil/Palestine***

***Marlain Swaiss***

Local Organizer

***Date 7-June-2024***

ESPEN



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Education and Culture DG  
Lifelong Learning Programme



## LLL WEBINAR COURSE CERTIFICATE

*In recognition of participation to the Live Course titled*

### **"Nutrition in Obesity"**

of the ESPEN Life-Long Learning Programme  
on Clinical Nutrition and Metabolism  
the present **certificate** is awarded to

*Shaymaa Mereb*

*The course: "Nutrition in Obesity" is part of the ESPEN Life Long Learning Programme and is accredited by the European Accreditation Council for Continuing Medical Education (EACCME). This course provides you 4 credits for medical specialists.*

**Michael Chourdakis**

LLL course director

**Al Khalil, Palestine**

**Nida Barqawi**

Course Organizer

**20<sup>th</sup> September 2024**



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## LLL WEBINAR COURSE CERTIFICATE

*In recognition of participation to the Live Course titled*

### **"Nutrition and Physical Activity"**

of the ESPEN Life-Long Learning Programme  
on Clinical Nutrition and Metabolism  
the present **certificate** is awarded to

*Shaymaa Mereb*

*The course: "Nutrition and Physical Activity" is part of the ESPEN Life Long Learning Programme and is accredited by the European Accreditation Council for Continuing Medical Education (EACCME).  
This course provides you 4 credits for medical specialists.*

*Katarina Melzer*

LLL course director

*Katarina Melzer*

Al Khalil, Palestine

*Marlain Swaiss*

Local Organizer

*Marlain Swaiss*

27<sup>th</sup> September 2024

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# CERTIFICATE

OF HEALTH COACHING

## HEALTH COACHING & NUTRITION PRACTICAL

### COURSE

This certificate is proudly presented to:  
**Shaymaa hussein Mereb**

Who has successfully completed the training program requirements in **Dr. Nilly Shams' Nutrition Centers for 260 Educational hours** conducted by **Dr. Nilly Shams** (nutrition and Public health consultant) Which qualifies her to practice outpatient nutrition with obese&underweight patients.

**& to be a certified Health Coach**

*Dr. Nilly Shams*

Signature

SEPTEMBER 2024