

Curriculum Vitae

Abed AL. Kareem Asherah

Personal information

Academic Degree: PhD in clinical psychology
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Education

<u>2024</u>	Major Degree	Clinical psychology. Ph.D. degree, Assiut University of Egypt.
<u>2019</u>	Major Degree	Clinical psychology. Master's Degree, Al-Ahliyya Amman University of Jordan.
	Thesis Title	Sleep Disorders among Diabetic Patients and its Relationship to the Level of Accumulated Blood Sugar. Adviser: Dr. Feda Abu Al-Khair.
<u>2017</u>	Major Degree	Science of Nursing. Bachelor's Degree, Al-Quds University.
<u>2016</u>	Major Degree	Emergency Medical Technician. Diploma Degree, Palestine Red Crescent Society.
<u>2014</u>	Major Degree	Science of Nursing. Diploma Degree, Modern University College.

Employment History

2022 – present	Company	Dr. Ahmad Al-Maslamani Hospital, Bethlehem
	Occupation	clinical psychologist
<u>Oct 2021- Present</u>	Company	Alsadeel Organization for Palliative Care
	Occupation	Clinical Psychologist

<u>Private Practise</u>	Occupation	Clinical Psychologist
<u>Sep 2020- present</u>	Company	Palestine Polytechnic University
	Occupation	<u>Full-time lecturer at Health Science College</u>
	Taught courses	Introduction to Psychology Family and Community Violence & and Addictions Adult Development and Aging Child and Family Health Clinical psychology First Aids Behavioral Science Medical Ethics Mental Health Community service
<u>Nov 2019- Nov 2020</u>	Company	Palestinian Medical Relief Society
	Occupation	Clinical Psychologist
<u>Sep 2019- Present</u>	Company	Al-Quds University
	Occupation	<u>Part-time lecturer at Nursing College</u>
	Taught courses	Psychiatric Nursing Psychology Ethics of Health professions Geriatric Nursing Supervised Graduation projects Psychiatric Nursing Theory Psychiatric Nursing Clinical Mental Health and communication
<u>Sep 2019 – present</u>	Company	Al-Makaseed University College
	Occupation	<u>Part-time Clinical instructor</u> Psychiatric Nursing Clinical
<u>Sep 2019- present</u>	Company Occupation	Dr. Ahmad Al-Maslamani Hospital, Bethlehem <u>Nursing Director.</u>
<u>Apr 2015 - Oct 2017</u>	Company	Palestine Red Crescent Society Hospital, Ramallah, Palestine

Program – Diploma

- 2023- 2024** **Diploma in Psychological Cognitive and Neuropsychological Assessment.**
2022- 2023 **Health care for people with chronic non-communicable disease (6 months).**
University de Jaen.
- 2020- 2022** **Child and Adolescent Psychotherapy with Supervision (2 years).**
BI- National School Of Psychotherapy - Hadassah Hospital.
- 2019- 2022** **Psych-traumatology Program with Supervision (2 years).**
Wings hope for trauma – Palestine.

Certifications

- 2023** **BLS Basic life support (one day) – IMET 2000.**
- 2023** **ATLS Advanced trauma life support (3 days) – Palestinian Ministry of Health.**
- 2022** **Assessments in Higher Education (2 Days).**
Palestine Polytechnic University.
- 2021** **Suicidal intervention (2 days).**
American Foundation for Suicide.
- 2021** **Introduction to Teaching and Learning in Higher Education (65 hours).**
Palestine Polytechnic University.
- 2020** **Introduction to Cognitive Behavior Therapy.**
Completed successfully, from Al-Ahliyya Amman University.
- 2020** **Capacity Building**
Completed successfully, from the Guidance and Training Center for the Child and Family.
- 2020** **Sexual and Reproductive Health, psychosocial support.**
Completed successfully, from the Palestinian Medical Relief Society.
- 2019** **Stanford Binet Intelligence Scale.**
Completed successfully, from Al-Ahliyya Amman University.
- 2019** **Relaxation.**
Completed successfully, from Al-Ahliyya Amman University.
- 2019** **Sand Therapy.**
Completed successfully, from wings hope for trauma.
- 2019** **Autism Diagnostic Test.**
Completed successfully, from Al-Ahliyya Amman University.
- 2019** **Psycho-Neurological Test.**
Completed successfully, from Al-Ahliyya Amman University.
- 2017** **Conflict Management.**
Completed successfully, from Palestine Red Crescent Society.
- 2017** **Primary Trauma Care Course (PTC). Completed successfully, from the Ministry of Health, West Bank, Palestine.**

- 2015** **First Aid Training of Trainers.** *Completed successfully, from Palestine Red Crescent Society.*
- 2014** **Psychosocial Support, Gender Awareness, Group Dynamic, Facilitation.** *Completed successfully, from the Danish Red Cross Youth Leadership Academy.*
- 2014** **Gender and Social Theater.** *Completed successfully, from Palestine Red Crescent Society.*
- 2013** **Peer Educator.** *Completed successfully, from Red Cross and Red Crescent Societies.*
- 2013** **Regional Life Skills Training for Trainers.** *Completed successfully, from Jordan Red Crescent.*
- 2013** **Advance Life Skills Training.** *Completed successfully, from Jordan Red Crescent.*
- 2013** **First Responder Course (80 hours).** *Completed successfully, from Palestine Red Crescent Society.*
- 2012** **Disaster management.** *Completed successfully, from Palestine Red Crescent Society.*
- 2011** **First Aid (21 hours).** *Completed successfully, from Palestine Red Crescent Society.*

Publication

Amro, N., Abdulhamid, D., **Asherah, A.**, & Bsharat, R. (2020). The Prevalence of Psychological Health Impact of COVID-19 Pandemic Among Palestinian Population. A Cross-sectional Study. *Journal of Health, Medicine, and Nursing*, 82.

Skills

English language (Reading, Writing, and Speaking).

Microsoft Office (Word, PowerPoint).

Team player and competency to work in very stressful situations and under pressure.

The ability to perform clinical interviews and case study analysis.

The implementation and analysis of various psychological tests.

The ability to lecture and teach.

The talent to deal with children and their families during stressful situations.

The ability to perform interventional therapy with Adults and children.

The ability to perform professional training for staff and the community.

Conferences

Sep 2022 second international conference on trauma and Mental Health, Hadassah Hospital.

Oct 2021 International summit on suicide research, American Foundation for suicide prevention.

Aug 2022 The fourth annual conference of clinical audit and research in Palestine, IMET 2000.

Achievements

July 2024

Acknowledgment and appreciation from Assuit University for his excellence in academic performance.

Sep 2022

APA (American Psychological Association) member.

Mar 2019

Acknowledgment and appreciation from Al-Ahliyya Amman University for his excellence in academic performance.

Dec 2015

Acknowledgment from Palestine Red Crescent Society for volunteering and active participation in community service.

Continuous Education

Aug 2020 Gave First Aid training to 20 volunteers from Health Work Committees.

Mar 2013 Gave life skills training to 30 students in the SOS school.

**Nov 2019-
Feb 2020** Gave 25 sessions about mental health issues to students at Al-Quds University.

Feb 2017 Gave First Aid training to 30 teachers in the Taqwe secondary school for boys.

Mar 2013 Gave life skills training to 25 volunteers in the Palestine Red Crescent Society Bethlehem branch.

Dec 2013 Gave life skills training to 30 volunteers from the Gaze strip in the Palestine Red Crescent Society.

References

Ibrahim Ikhmayyes,
MD, Psychiatric

Director of the Bethlehem hospital
for mental health, Palestine.

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Salam Khatib,
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Salman Elbedour,
psychology, PhD

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The USA.

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